

Films made under the Dogme 95 manifesto must adhere to the following rules of the Dogme "Vow of Chastity":

- **Shooting must be done on location. Props and sets must not be bought in.**

(If a particular prop is necessary for the story, a location must be chosen where this prop is to be found).

- **The sound must never be produced apart from the images and vice versa.**

(Music must not be used unless it occurs where the scene is being shot).

- **The camera must be hand-held. Any movement or immobility attainable in the hand is permitted.**

(The film must not take place where the camera is standing; shooting must take place where the film takes place).

- **The film must be in color. Special lighting is not acceptable.**

(If there is too little light for exposure, the scene must be cut or a single lamp be attached to the camera).

- **Optical work and filters are forbidden.**

- **The film must not contain superficial action.**

(Murders, weapons, etc must not occur.)

- **Temporal and geographical alienation are forbidden.**

(That is to say that the film takes place here and now).

- **Genre movies are not acceptable.**

- **The director must not be credited.**

Further, the director of a film made under Dogme 95 must adhere to the following oath:

I swear as director to refrain from personal taste! I am no longer an artist. I swear to refrain from creating a "work", as I regard the instant as more important than the whole. My supreme goal is to force the truth out of my characters and settings. I swear to do so by all the means available and at the cost of any good taste and any aesthetic considerations. Thus I make my Vow of Chastity.